



**Fresh
&
Delicious**

All Day Breakfast

The S.E.A (The No Carb Option)

Spinach, Sunny Side Up Egg & Avocado \$ 10.90

Bacon & Egg Roll with Smokey Sauce \$ 8.50

Add shredded cheese \$ 2.00

Add sauteed onion \$ 1.50

Add salad \$ 2.00

Sausage Sizzle \$ 7.90

In hotdog bun with sauteed onion,
mustard and tomato relish on the side.

* Add extra onion \$ 1.50

* Add salad \$ 2.00

English Breakfast

Bacon, egg, pork sausage, tomato & sourdough toast \$ 14.90

Poached Egg \$ 7.90

Sourdough toast, chopped tomato, parsley & EVOO

Add mashed avocado \$ 3.50

Sandwiches

Ham & Cheese \$ 7.90

* Add tomato \$ 1.50

Ciabatta Sandwich \$ 11.90

Prosciutto OR ham OR salami, tomato, cheese, tomato
relish & salad

Organic Chicken Avocado

* On multigrain \$ 9.90

* On ciabatta \$ 11.90

* Add free range bacon \$ 4.00

Organic Chicken Mozzarella Ciabatta \$ 17.50

Prosciutto, grilled pepper, mozzarella, salad

Smoked Scottish Salmon Ciabatta \$ 18.90

Mashed avocado, grilled pepper & salad

Open Prosciutto \$ 12.50

2 sourdough toast, basil pesto, tomato, wild roquette & prosciutto

For Add-On Only

Toast slice with butter (No Jam)

Sourdough Single Slice \$ 1.50

Multigrain Single slice \$ 1.50

Ciabatta Quarter Loaf \$ 4.00

Wraps

Vegetarian Wrap \$ 9.90

Beetroot marmalade, mushroom, olives,
sundried tomatoes, cheese, salad

Organic Chicken Avocado Wrap \$ 9.90

Hot Food

Burger *See Add-On options for your burger

Pork/ Chicken \$ 14.90

Beef \$ 16.90

Wagyu beef \$ 19.90

Add patty: Pork /Chicken \$5.50, Beef \$6, Wagyu \$9

Sausage Platter \$ 14.90

Two gourmet sausages or kebabs

Truffle sausage additional charge each \$ 1.00

Honey Mustard Organic Chicken \$ 17.90

Two grilled tender organic chicken thighs

Free Range Pork Chop - min.280g \$ 24.90

Choice of pork chop or pork collar chop

Grassfed Angus Steak - min.220g \$ 29.90

Your choice of ribeye or sirloin

All good things come to those who wait. Please be patient as all our food is freshly made to order.

Effective from 01 September 2020